

Cast on 40 stitches with size 5 needles. Use either two circular needles dividing between two needles or use four double pointed needles. Gauge of cuff = 6 stitches 8 rows equals 1 inch. Change needle size for larger/smaller hand sizes.

#### Cuff:

K2P2 for 1 1/2 inches

### Hand:

Row 1: K2 P2 C4F K4 C4B P2 K2 K20

Row 2: K2 P2 K12 P2 K2 K20

Row 3: K2 P2 K2 C4F C4B K2 P2 K2 K20

Row 4 and all even rows: as Row 2

Row 5: K2 P2 K4 C4B K4 P2 K2 K20

Repeat Rows 1-6

Row 13: K2 M1L P2 C4F K4 C4B P2 M1R K2 K20

Row 14: K3 P2 K12 P2 K3 K20

Row 15: K3 P2 K2 C4F C4B K2 P2 K3 K20

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Row 16 as row 14

Row 17: K3 P2 K4 C4B K4 P2 K3 K20

Row 18: K3 M1L P2 C4F K4 C4B P2 M1R K3 K20

Row 19: K4 P2 K12 P2 K4 K20

Row 20: K4 P2 K2 C4F C4B K2 P2 K4 K20

Row 21/23: As Row 19

Row 22: K4 P2 K4 C4B K4 P2 K4 K20

Row 24: K4 M1L P2 C4F K4 C4B P2 M1R K4 K20

Row 25: K5 P2 K12 P2 K5 K20

Row 26: K5 M1L P2 K2 C4F C4B K2 P2 M1R K5 K20

Row 27: K6 P2 K12 P2 K6 K20

Row 28: K6 M1L P2 K4 C4B K4 P2 M1R K6 K20

### **Right Hand:**

Row 29: K7 P2 K12 P2 K7 K20

Row 30: K26 BO12 K12

## Left Hand:

Row 29: K7 P2 K12 P2 K7 K11 BO9

Row 30: BO3 Knit All

#### **Both Hands**

Row 31-32: knit

Row: 33 (K2P2)6 times, K1 K2tog P2 K2 P2 K2 P2tog

Ρ2

Row 34: K2 P2\* repeat to end

Continue to desired length about 1 1/2 inches.





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Note-I prefer the M1R and M1L but you can also make the increases by purling into both the front and back of the same stitch.

M1R = Make 1 right Using your left needle, pick up the top strand that goes between the needles from back to front. Knit the loop you picked up through the front.

M1L= Make 1 left Using your left needle, pick up the top strand that goes between the needles from fromt to back. Knit the loop you picked up through the back.

BO= Bind off

C4B: Cable 4 Back Slip 2 stitches onto cable needle, hold to back of work. Knit next 2 stitches from left needle. Knit 2 stitches from cable.

C4F: Cable 4 Forward Slip 2 stitches onto cable needle, hold to front of work. Knit 2 stitches from left needle, knit 2 stitches from cable needle.